Before Breakfast:
The eyes of all wait upon Thee; and Thou givest them their meat in due season. Thou openest Thy hand, and satisfiest the desire of every living thing.

For Breakfast, Lunch & Supper:
Glory, Both now: Lord, have mercy:
[O Lord/Master/Father], bless!

Exclamation:
Christ God, bless the food and drink of Thy servants, for Thou art holy, always, now and ever, and unto ages of ages.

Before Lunch:
Our Father, Who art in the heavens, hallowed be Thy name. Thy Kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

After Breakfast & Lunch:
We thank Thee, O Christ our God, that Thou hast satisfied us with Thine earthly gifts; deprive us not of Thy heavenly Kingdom, but as Thou camest among Thy disciples, O Saviour, and gavest them peace, come to us and save us.

Exclamation, after Breakfast & Supper:
God is with us, through His grace and love for mankind, always, now and ever, and unto ages of ages.

Exclamation, after Lunch:
Blessed is God, Who is merciful unto us and nourisheth us from His bounteous gifts by His grace and love for mankind, always, now and ever, and unto ages of ages.

Before Supper:
The poor shall eat and be satisfied, and those who seek the Lord shall praise Him; their hearts shall live forever.

After Supper:
Thy womb is become a holy table which holdeth the Heavenly Bread, whereof he that eateth dieth not, as the Nourisher of all hath said, O Birthgiver of God. More honourable:

Prayer (in English):

Birthgiver of God.

The womb is become a holy table which holdeth who seek the Lord shall praise Him; their hearts lessed is God, mankind gavest them peace, come to us and save us.

The Lord gavest them satisfaction, but deliver us from the evil one.

Before Breakfast:

Before Lunch:

After Breakfast & Lunch:

Exclamation, after Breakfast & Supper:

After Lunch:

Before Supper:

After Supper:

Prayer (in English):

Before Lunch:

After Breakfast & Lunch:

Exclamation, after Breakfast & Supper:

After Lunch:

Before Supper:

After Supper:

Prayer (in Greek):

Birthgiver of God.

The womb is become a holy table which holdeth who seek the Lord shall praise Him; their hearts lessed is God, mankind gavest them peace, come to us and save us.

The Lord gavest them satisfaction, but deliver us from the evil one.

Before Breakfast:

Before Lunch:

After Breakfast & Lunch:

Exclamation, after Breakfast & Supper:

After Lunch:

Before Supper:

After Supper:

Prayer (in Greek):

Birthgiver of God.

The womb is become a holy table which holdeth who seek the Lord shall praise Him; their hearts lessed is God, mankind gavest them peace, come to us and save us.

The Lord gavest them satisfaction, but deliver us from the evil one.

Before Breakfast:

Before Lunch:

After Breakfast & Lunch:

Exclamation, after Breakfast & Supper:

After Lunch:

Before Supper:

After Supper:

Prayer (in Greek):

Birthgiver of God.

The womb is become a holy table which holdeth who seek the Lord shall praise Him; their hearts lessed is God, mankind gavest them peace, come to us and save us.

The Lord gavest them satisfaction, but deliver us from the evil one.

Before Breakfast:

Before Lunch:

After Breakfast & Lunch:

Exclamation, after Breakfast & Supper:

After Lunch:

Before Supper:

After Supper: